

Sudan High School Breakfast Menu

Fruit and vegetables offered daily.



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Choc Chip Muffin Cheese Stick	Breakfast Pizza	Easy Egg Bake Bacon Whole Grain Toast	Biscuits and Gravy Sausage Patty
	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers
	Fruit Selection Fruit Blend Juice Choice of Milk	Fruit Selection Apple Juice Choice of Milk	Fruit Selection Orange Juice Choice of Milk	Fruit Selection Grape Juice Choice of Milk
7	8	9	10	11
Fluffy Pancakes Bacon	Sausage Biscuit	Blueberry Muffin Cheese Stick	Cinnamon Roll	Breakfast Burrito
Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers
Fruit Selection Apple Juice Choice of Milk	Fruit Selection Fruit Blend Juice Choice of Milk	Fruit Selection Apple Juice Choice of Milk	Fruit Selection Orange Juice Choice of Milk	Fruit Selection Grape Juice Choice of Milk
14	15	16	17	18 No School
French Toast Sticks	Sausage Breakfast Pizza	Banana Chocolate Loaf Cheese Stick	Breakfast Taco	
Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	
Fruit Selection Apple Juice Choice of Milk	Fruit Selection Fruit Blend Juice Choice of Milk	Fruit Selection Apple Juice Choice of Milk	Fruit Selection Orange Juice Choice of Milk	
21	22	23	24	25
Pancake on a Stick	Chicken Breakfast Biscuit	Brekkie Cheese Stick	Waffles Bacon	Breakfast Burrito
Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers
Fresh Fruit Bar 100% Apple Juice Choice of Milk	Fruit Selection Fruit Blend Juice Choice of Milk	Fruit Selection Apple Juice Choice of Milk	Fruit Selection Orange Juice Choice of Milk	Fruit Selection Grape Juice Choice of Milk
28	29	30	1	
Strawberry Cream Cheese Filled Bagel	Breakfast Pizza	Blueberry Muffin Cheese Stick		
Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers		
Fruit Selection Apple Juice Choice of Milk	Fruit Selection Fruit Blend Juice Choice of Milk	Fruit Selection Apple Juice Choice of Milk		
		·	- 27 M	Menus and nutrition

Student Adult

Free \$3.00

Choice of Milk: 1% White or Chocolate For questions please contact: Tonya Draper-Food Service Director tonyadraper@sudanisd.net







Menus are subject to change without notice. This institution is an equal opportunity provider.